

1 Younger

friend 3

friend 2

friend 1

1 Older

FIVE is a great way to pray for your friends while hundreds of others pray at the same time! Simply pick 5 friends, one older, one younger and 3 pals. Pray for your 5 people for 5 minutes (one minute each) for 5 days for 5 weeks and then share your story.



Share your story

When we pray and see God answer those prayers, it is super encouraging. Pass on the joy and share your story with your youth group, friends and family in creative ways.

"Tell of all His wonderful acts"
Psalm 105v2

In partnership with:



PRAY FOR SCOTLAND



Pray for...



mins

days

weeks

people

... then share the story of what God has done

How to pray

- Say **'Thank you'** to God for all He is and also for your FIVE
Psalm 100v4
- Say **'Sorry'** to God and ask for forgiveness so you come to Him with a clean heart *1 John 1v9*
- **Forgive** anyone you hold anything against or who has hurt you
Mark 11v25
- Ask God to **help** you to pray for your FIVE and **listen** to His voice
John 10v27
- Ask God to **bless** your FIVE and **pray** for health, family, friends, school, joy, peace, spiritual life and any other specific things you know about.

write the
names of your
FIVE here:



key verses

"This is the confidence we have in approaching God that if we ask anything according to His will, he hears us. And if we know that He hears us whatever we ask, we know that we have what we asked of Him" *1 John 5v14*

"So we keep on praying for you, asking our God to enable you to live a life worthy of his call. May he give you the power to accomplish all the good things your faith prompts you to do."
2 Thessalonians 1v11