

## **Prayer Walking - a case history**

*St Peters, Mussleburgh*

For the last eight years, a group of our church members has been working its way round Musselburgh, knocking on over four thousand doors to tell people that God cares about them and will listen to our prayers on their behalf if they tell us their concerns. We have been blessed with an excellent response to this approach and we are regularly thanked for our concern for those outwith the church.

As a follow-up to our visiting, and to give an opportunity for involvement on outreach to those who don't feel comfortable speaking to people on their doorsteps, we are again this summer walking round the hundred and twenty or so streets that we have visited and praying for all the people who live there as we walk:- walking and praying... what could be simpler?

### **Instructions given to prayer walkers from St Peters:**

As a leader, you need to check the list at the back of the church to see who will be accompanying you and arrange with them a suitable time and place to meet. Before setting off, you should have a brief chat about what you are going to do, remembering that not everyone will be comfortable praying aloud.

You can pray for old people, children, teenagers, the sick, the addicted, the unemployed etc and, depending on the street, for businesses, churches, schools, and so on that you are passing. Inevitably things that you see as you walk along will themselves stimulate prayer. It is quite amazing how God releases the imagination on prayer walks and something simple like a tree or an advertising hoarding will start off a fresh train of intercession. Sometimes the Lord will lay on your heart particular people you pass on the street or specific houses. You may not know until you reach heaven just what part your prayers played in their lives.

If anything arises out of a particular walk that you feel requires further prayer, this can be shared with the church leadership.